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## **FEMM Releases Android app in English and Spanish**

New York — The FEMM Health app is designed to provide an interactive platform for women to get personalized daily feedback to help them achieve their health and fertility goals. Women can track their period, monitor ovulation and other physical and emotional observations, in order to understand their hormonal changes and health patterns. The app allows women to accomplish goals such as tracking their health, and achieving or avoiding pregnancy. It also provides additional support for women to ask a FEMM health coach questions, or get link to a FEMM trained doctor. To support more women globally, the app is now available in Android for English and Spanish speakers.

“We are thrilled to be able to offer the FEMM app in the Android version to help more women around the world understand their bodies and track their health,” said FEMM CEO, Anna Halpine. “FEMM is committed to bringing the best in science and healthcare to women in every part of the world, and our app is an important way to reach and empower women.” FEMM’s CTO Kekuut Hoomkwap emphasized: “FEMM is by women for women. We’re committed to building a program and infrastructure for women that meets their needs now and into the future.”

Users will have access to FEMM’s easy custom options that allow women to use the app to chart irregularities, physical and emotional observations. “I use the FEMM app and it’s wonderful. I’d previously used two other top rated apps before and given up on both; they just weren’t sophisticated enough to track my irregular cycles and symptoms,” said one user.

The app also enables links between users and FEMM’s global network of health coaches and medical providers. English and Spanish speaking health coaches and medical providers are available, with the global network growing continuously. This unique feature is a critical component of the comprehensive support that FEMM offers. One user wrote, “When I had a question I contacted the FEMM support and they responded very quickly and have been so helpful. I would highly recommend this app to anyone.”

FEMM partners with the Reproductive Health Research Institute (RHRI) to further its commitment to women’s health, science, and research. RHRI conducts ongoing peer-reviewed research and study, and trains medical



providers in the latest research and evidence-based protocols for the diagnosis and treatment of women's health.

The partnership between RHRI and FEMM ensures that the very best in science and women's health advances is provided to FEMM users directly through the app, as well as through our referral network. "FEMM provides exponentially better women's health than the alternatives. Love, love, love! Thank you, FEMM, for providing full service, holistic women's health," wrote one user.

FEMM's app offers an easy way for women to track and interpret the many important markers of their health. It is bringing expert knowledge and information to women about their own bodies, in order to educate and support them every day. With the release of FEMM's Android version, thousands more women will be able to get the reproductive health education and support they deserve.

For more information, contact: [support@femmhealth.org](mailto:support@femmhealth.org).  
[www.femmhealth.org](http://www.femmhealth.org)